

## The Impact of the New Metal-Complex (Zn II) Selenium-Containing Compound $\pi$ Q2721 on the Resistance of Rats to Acute Hypoxic Hypoxia

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### Abstract

**Background:** The aim of the study was to confirm in experiments on rats on the model of acute hypoxia with hypercapnia (AH+Hc) the antihypoxic action of the metal-complex ( $Zn^{2+}$ ) compound  $\pi$ Q2721, which turned out to be the most effective of 11 selenium-containing substances previously studied in experiments on mice. As substances for comparison were used 2 antihypoxants of aminothiol origin – Amtizole and Sunazole and metal-complex compound  $\pi$ Q1983 with confirmed antihypoxic effect.

**Materials and methods:** Experiments performed on 182 male rats of Wistar line weighing 150-170g. The study of antihypoxic activity of substances was carried out on the model the AH+Hc. The condition of acute hypoxia in rats was formed by placing them in glass airtight containers with a free volume of 1.0 L. Antihypoxic effect was evaluated by the life expectancy of animals in the described conditions.

Substances  $\pi$ Q2721,  $\pi$ Q1983, Amtizole and Sunazole was administered once intraperitoneally at doses of 25, 50 and 100 mg/kg. Previously each substance was dissolved in 0.9% NaCl (1.0 ml). Testing the effectiveness of the substances on AH+Hc model was carried out after 1h after administration of the substances and after 24 h. Animals of control groups were injected with 1.0 ml of 0.9% NaCl.

In animals exposed to test AH+Hc in 1h after administration were performed measurements of the rectal temperature before the experiment and through 1h after administration, i.e. before AH+Hc. In animals selected for 24-hour observation, rectal temperature was measured before the experiment, and then after 1, 3, 6, 12, 18 and 24 h of observation, after which they were exposed to AH+Hc.

**Results:** The antihypoxic effect of a selenium-containing substance  $\pi$ Q2721 based on  $Zn^{2+}$  was confirmed in experiments on rats. In a number of substances for comparison the  $\pi$ Q2721 proved himself not only as equally effective. It is found that after 1h after administration at a dose of 50 mg/kg  $\pi$ Q2721 superior to all studied compounds, including antihypoxant with succinate Sunazole. An important advantage of the new promising antihypoxic agent was the preservation of its action for 24 hours after injection.

**Conclusion:** In the experiment on rats the antihypoxic effect of  $\pi$ Q2721 was fully confirmed. In a number of substances for comparison substance  $\pi$ Q2721 proved itself not only as equally effective. It is found that after 1h after  $\pi$ Q2721 administration at a dose of 50 mg/kg it superior to all studied compounds, including Sunazole. An important advantage of the new antihypoxic agent was the preservation of its action for 24 hours.

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**Keywords:** Acute hypoxia; Metal-complex compounds antihypoxants; Rats

**Abbreviations:** AH+Hc: Acute hypoxia with hypercapnia

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## Introduction

The problem of pharmacological organism protection from complications caused by sudden oxygen deficiency, despite significant achievements in this field, remains relevant today. The most frequently exposed to acute hypoxia people who have related to extreme activities (Vasin., *et al.* 1992; Whyne, 2014). Acute hypoxic hypoxia may occur in the operation of aircraft, submarines, in the event of failure of systems that provide supply or regeneration of air inhabited enclosed spaces.

In many studies it is noted that adaptation to acute hypoxia can be carried out by changing the level of activity of various functional systems of the body, and is aimed primarily at the delivery of oxygen to brain cells (Bok., *et al.* 2017).

It should be noted that under these conditions, the general orientation of adaptation processes does not exclude the possibility of parallel negative reactions. In this regard, as an integral criterion of adaptation of the organism to the lack of oxygen, the indicator of the life expectancy of the organism in the hypoxigenated environment is usually used (Khachatur'yan and Panchenko, 2002).

Many authors assume that an effective way to increase the human survival in conditions of acute hypoxic hypoxia is to limit physical activity that limits consumption of oxygen and substrates for biological oxidation (Levchenkova., *et al.* 2018; Moore, *et al.* 2014; Żebrowska., *et al.* 2018; Lühker., *et al.* 2018). The decrease in metabolism can also be achieved through the use of pharmacological substances from the class of antihypoxants. In this capacity positively proved themselves derivatives of aminothiols – Amtizole and its succinate modification Sunazole (Levchenkova., *et al.* 2018). Unfortunately, ready-made dosage forms of these compounds are still not available, which requires further research.

In the last 10 years it became known about high antihypoxic activity of metal-complex compounds containing various endogenous biologically active substances (vitamins, antioxidants, amino acids, etc.) as ligands (de Souza., *et al.* 2016, Evseev., *et al.* 2006).

For the first time the synthesis of such compounds has been carried out in Russia E. Parfenov at the end of the XX century, and the substances themselves, marked with laboratory code “ $\pi$ Q”, was initially stated by the author as physiologically compatible antioxidants (PCAO) (Parfenov and Zaikov, 2000). In the course of studying of PCAO of various groups besides antihypoxic effect other types of their biological activity were found. However, the antihypoxic effect of metal-complexes was especially noticeable and often surpassed in this respect already known antihypoxants. The main disadvantage of PCAO in their use as antihypoxic agents remained high toxicity (Evseev., *et al.* 2007).

Nevertheless, during the search of low-toxic metal-complex compounds, it was found that the most successful combination of activity-toxicity give compounds containing as a metal-complexing agent  $Zn^{2+}$ , and as a part of ligand (ligands) – selenium. For example, in experiments on mice, the compound  $\pi$ Q2721 at a dose of 50 mg/kg increased the life expectancy of animals in acute hypoxia with hypercapnia (AH+Hc) by almost 3 times, which is 20% higher than the effect of the standard – Amtizole used in the same dose (Evseev., *et al.* 2017).

It is important to note that often obtained in the experiments on mice, the results of the screening are not reproduced or reproduced to a small extent in larger animals, e.g. in rats. In this regard, the aim of the study was to confirm in experiments on rats antihypoxic

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action of metal-complex ( $Zn^{2+}$ ) compound  $\pi$ Q2721, which turned out to be the most effective of 11 selenium-containing substances previously studied in experiments on mice. It was also necessary to compare its activity with the activity of reference compounds – Amtizole and Sunazole, and with antihypoxic effect of the substance  $\pi$ Q1983 studied a few years earlier.

## Material and Methods

**Design of Study:** Experiments performed on 182 male rats of Wistar line weighing 150-170g. As previously in experiments on mice, the study of antihypoxic activity of substances carried out on the AH+Hc model (Luk'janova, 1990). The condition of acute hypoxia was formed by rats placing in glass airtight containers with a free volume of 1.0 L.

In the described conditions, the life expectancy of animals was an indication of antihypoxic effect. After the appearance of the second agonal breath was recorded the death of rats.

**Drugs and their Introduction:** During the experiments, rats were injected once intraperitoneally 4 substance, namely  $\pi$ Q2721,  $\pi$ Q1983 (Table 1, Figure 1), Amtizole and Sunazole (Figure 2) at doses of 25, 50 and 100 mg/kg. Each substance was dissolved in 0.9% NaCl (1.0 ml) before injection. Each group included 7 rats. Testing the effectiveness of substances on the AH+Hc model was carried out after 1h after injection of substances (12 groups) and after 24h (12 groups). Animals of 2 control groups were injected with 1.0 ml of 0.9% NaCl.

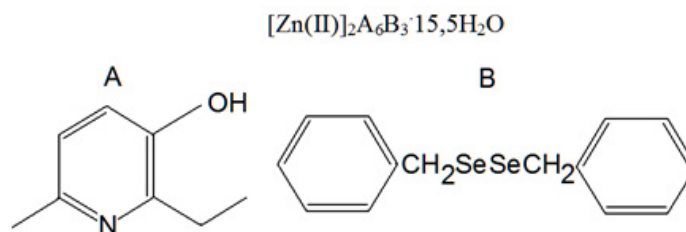
In animals exposed to test by AH+Hc in 1h after injection of substances was carried out measurements of the rectal temperature using electrothermometry, immediately before the start of the experiment and through 1h after injection, i.e., before AH+Hc.

In animals selected for 24-hour observation, rectal temperature was measured just before the experiment, and then after 1, 3, 6, 12, 18 and 24 hours of observation. Then they were exposed to AH+Hc.

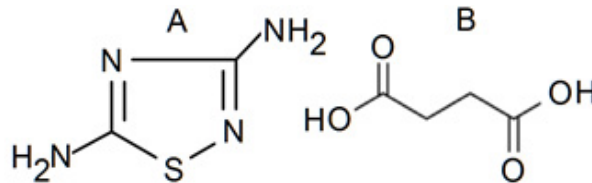
| Laboratory code | Ligand L1                          | Ligand L2   | Base B           | Cation |
|-----------------|------------------------------------|-------------|------------------|--------|
| $\pi$ Q2721     | Diselendipropionic acid            | Acetic acid | -                | Na     |
| $\pi$ Q1983     | 3-Hydroxy-2-ethyl-6-methylpyridine | -           | Dibenzylselenide | -      |

**Table 1:** General characteristics of selenium-containing complex zinc compounds  $\pi$ Q2721 and  $\pi$ Q1983.

**Statistical Analysis:** Statistical processing of the received data have been carried out with the help of Microsoft Excel 2010 and Statistica 7 application packages. Comparison of the significance of the differences in the results was performed using the nonparametric Wilcoxon criterion. The differences between the compared parameters were considered reliable at  $p < 0.05$ .



**Figure 1:** Structural formula of the substance  $\pi$ Q1983 – hexakis (3-hydroxy-2-ethyl-6-methylpyridine) [tris(dibenzylselenid)]dizinc (II)pentadecasemihydrate. A and B – ligands in consist of a complex molecule (Sosin., et al. 2013).



**Figure 2:** Structural formulae: (A) Amtizole (3,5-diamino-1,2,4-thiadiazolum), (B) succinic acid (ethane-1, 2-dicarboxylic acid).

## Results

In one way or another in relation to rats, the protective effect demonstrated all included in the study substances was established. The life expectancy of the animals of both control groups was 1h and 24h  $38.33 \pm 3.47$  and  $35.96 \pm 4.08$  min respectively, which does not contradict the literature data (Levchenkova, *et al.* 2018; Shabanov, *et al.* 2010). Thus practically in all series of experiments with placement of animals in conditions of AH+Hc in 1 h. (Table 2) observed dose-dependent action of substances. At the highest dose (100 mg/kg) most clearly manifested itself Sunazole – Amtizole modified with succinate.

It increases the life expectancy of rats in the conditions of AH+Hc in 2.37 times compared with the control ( $p < 0.001$ ). The closest in efficiency to Sunazole was  $\pi$ Q2721 metal-complex compound with a result of 1.97 times ( $p < 0.005$ ). At the same time, at a dose of 50 mg/kg, their protective effect was leveled, and at a dose of 25 mg/kg  $\pi$ Q2721 still had an effect (+17.6%;  $p < 0.05$ ), while Sunazole lost its activity. It should be noted, both compounds after 1 h after injection reduced rectal temperature to  $31.5^\circ\text{C}$ , i.e.  $5.5^\circ\text{C}$  lower than in norm be noted.

The relatively modest results demonstrated the substance  $\pi$ Q1983 and antihypoxant Amtizole. At a dose of 100 mg/kg, both tested compounds increased rat life expectancy by an average of 1.7 times, and decreased the rectal temperature by 3.2 and  $4.5^\circ\text{C}$ ., respectively. Being injected in doses of 50 and 25 mg/kg, they lost their protective effect simultaneously with the ability to cause hypothermia.

Interesting were the results of experiments, which evaluated the possibility of preserving the effect of compounds during the day (table 3). According with the dynamics of rectal temperature (measured 5-fold for 24 h) only the substance  $\pi$ Q2721 after injection at a dose of 100 mg/kg provided the phenomenon of hypothermia in the final part of experiment ( $-2.2^\circ\text{C}$ ), which affected the ability of rats to resist AH+Hc. Life expectancy of animals in this group was  $75.38 \pm 4.77$  min, which is 23% more than the control parameter  $35.96 \pm 4.08$  min ( $p < 0.05$ ). The effect became statistically insignificant at the lower doses. Other substances in 24 h after injection have been ineffective as protectors of AH+Hc.

| Groups                     | Dose, mg/kg | Rectal temperature just before injection (M $\pm$ m) | Rectal temperature in 1h after injection (M $\pm$ m) | Temperature difference | Life expectancy, min (M $\pm$ m) |
|----------------------------|-------------|--|--|------------------------|----------------------------------|
| Control (one group)        | -           | $37.0 \pm 1.9$                                       | $36.8 \pm 1.6$                                       | -0.2                   | $38.33 \pm 3.47$                 |
| $\pi$ Q2721 (three groups) | 25          | $36.7 \pm 1.6$                                       | $35.0 \pm 1.5$                                       | -1.7                   | $50.86 \pm 3.42^*$               |
|                            | 50          | $36.6 \pm 1.7$                                       | $32.7 \pm 1.6^{**}$                                  | -3.9                   | $62.01 \pm 4.12^*$               |
|                            | 100         | $36.9 \pm 1.3$                                       | $31.3 \pm 2.0^{***}$                                 | -5.6                   | $75.38 \pm 4.77^{**}$            |
| $\pi$ Q1983 (three groups) | 25          | $37.1 \pm 1.6$                                       | $36.5 \pm 1.5$                                       | -0.6                   | $45.09 \pm 3.03$                 |
|                            | 50          | $37.0 \pm 1.4$                                       | $34.9 \pm 1.8^*$                                     | -2.1                   | $53.00 \pm 3.52^*$               |
|                            | 100         | $36.4 \pm 1.2$                                       | $33.2 \pm 1.6^{**}$                                  | -3.2                   | $64.18 \pm 4.29^{**}$            |

|                         |     |            |               |      |                 |
|-------------------------|-----|------------|---------------|------|-----------------|
| Amtizole (three groups) | 25  | 36.8 ± 1.9 | 36.7 ± 1.5    | -0.1 | 36.65 ± 2.98    |
|                         | 50  | 36.4 ± 1.5 | 35.3 ± 1.4    | -1.1 | 41.27 ± 3.43    |
|                         | 100 | 36.6 ± 1.5 | 32.1 ± 1.5*** | -4.5 | 65.81 ± 4.26**  |
| Sunazole (three groups) | 25  | 37.0 ± 1.8 | 35.6 ± 1.5    | -1.4 | 43.11 ± 3.75    |
|                         | 50  | 37.0 ± 1.5 | 33.5 ± 1.7**  | -3.5 | 54.24 ± 3.85*   |
|                         | 100 | 36.8 ± 1.7 | 31.4 ± 1.6*** | -5.4 | 91.04 ± 5.66*** |

**Table 2:** Effect of substance  $\pi$ Q2721 and substances for comparison ( $\pi$ Q1983, Amtizole, Sunazole) on the dynamics of rectal temperature and life expectancy of rats undergoes acute hypoxia with hypercapnia in 1h after intraperitoneal injection. There are 7 animals in each group.

Note: \*\*\* - p < 0.001; \*\* - p < 0.005; \* - p < 0.05

| Groups                     | Dose, mg/kg | Rectal temperature just before injection (M ± m) | Rectal temperature during 24h after injection |        |        |         |         |            | Life expectancy, min (M ± m) |
|----------------------------|-------------|--|---|--------|--------|---------|---------|------------|------------------------------|
|                            |             |  | 1h (M ± m)                                    | 3h (M) | 6h (M) | 12h (M) | 18h (M) | 24h (M)    |                              |
| Control (one group)        | -           | 36.8 ± 1.9                                       | 36.5 ± 1.3                                    | 36.6   | 36.6   | 36.5    | 36.4    | 36.5 ± 1.6 | 35.96 ± 4.08                 |
| $\pi$ Q2721 (three groups) | 25          | 37.1 ± 1.5                                       | 34.5 ± 1.7                                    | 35.6   | 36.2   | 36.6    | 36.5    | 36.7 ± 1.4 | 38.61 ± 3.69                 |
|                            | 50          | 36.6 ± 1.5                                       | 33.0 ± 1.5                                    | 33.4   | 34.2   | 35.0    | 35.9    | 36.5 ± 1.5 | 48.43 ± 4.42                 |
|                            | 100         | 36.8 ± 1.7                                       | 31.6 ± 1.9                                    | 31.2   | 31.8   | 32.6    | 33.5    | 34.6 ± 1.9 | 55.38 ± 4.72*                |
| $\pi$ Q1983 (three groups) | 25          | 37.0 ± 1.8                                       | 36.8 ± 1.9                                    | 36.6   | 36.5   | 36.6    | 36.7    | 36.6 ± 1.9 | 35.04 ± 3.72                 |
|                            | 50          | 37.2 ± 1.5                                       | 34.2 ± 1.4                                    | 34.6   | 35.8   | 36.2    | 36.9    | 36.8 ± 1.4 | 38.56 ± 3.24                 |
|                            | 100         | 37.2 ± 1.8                                       | 32.8 ± 1.4                                    | 32.5   | 33.3   | 34.9    | 35.6    | 36.3 ± 1.5 | 44.22 ± 3.75                 |
| Amtizole (three groups)    | 25          | 36.5 ± 1.4                                       | 36.2 ± 1.5                                    | 36.4   | 36.5   | 36.4    | 36.6    | 37.0 ± 1.3 | 40.02 ± 3.50                 |
|                            | 50          | 36.8 ± 1.6                                       | 34.7 ± 1.8                                    | 34.9   | 35.7   | 36.2    | 36.4    | 36.7 ± 1.6 | 39.18 ± 3.27                 |
|                            | 100         | 37.0 ± 2.0                                       | 32.6 ± 1.4                                    | 33.4   | 34.1   | 35.6    | 36.4    | 36.6 ± 1.6 | 38.46 ± 4.09                 |
| Sunazole (three groups)    | 25          | 36.7 ± 1.7                                       | 35.1 ± 1.6                                    | 35.7   | 36.2   | 36.3    | 36.3    | 36.4 ± 1.8 | 37.33 ± 3.28                 |
|                            | 50          | 36.7 ± 1.8                                       | 34.2 ± 1.8                                    | 34.6   | 35.8   | 36.5    | 36.8    | 36.7 ± 1.7 | 36.99 ± 3.60                 |
|                            | 100         | 36.9 ± 1.4                                       | 32.0 ± 1.9                                    | 32.9   | 33.7   | 34.68   | 35.40   | 36.1 ± 1.4 | 40.60 ± 4.00                 |

**Table 3:** Effect of substance  $\pi$ Q2721 and substances for comparison ( $\pi$ Q1983, Amtizole, Sunazole) on the dynamics of rectal temperature and life expectancy of rats undergoes acute hypoxia with hypercapnia in 24 h after intraperitoneal injection. There are 7 animals in each group.

Note: \* - p < 0.05

## Discussion

It is known that primary researches of new pharmacologically active means are usually carried out by a screening method on small rodents – mice, Mongolian gerbils, etc. (Iasnetsov, *et al.* 2010; O'Neill and Clemens, 2001). However, literature data and our own results previously obtained, say that the desired effect is often detected at a relatively large laboratory animals (rats, rabbits) much weaker. All this causes the researcher disappointment, especially in the case of premature announcement of the discovery in the press.

In this regard, the main objective of this study was to confirm in an experiment on rats the antihypoxic effect of the substance  $\pi$ Q2721 (metal-complex selenium compound with  $Zn^{2+}$  as a metal complexing agent) earlier established in experiments on mice exposed to acute hypoxia with hypercapnia (Evseev, *et al.* 2017).

Interest in the substance  $\pi$ Q2721 was explained by the fact that the results of many years of work on the study of antihypoxic properties of metal-complexes led the authors to believe that the effectiveness of this kind of compounds is largely due to the presence in the structure of the complex II-valence zinc, and as a ligand (ligands) – biologically active substances containing selenium. In considered case, selenium was integrated in the molecule in the form of Diselendipropionic acid. It should be noted that selenium-containing metalcomplex compounds not only have a brighter pharmacodynamics in comparison with their metal-free analogues, but also often acquire the ability to penetrate the mucous membranes of the gastrointestinal tract, i.e., to be absorbed. The latter is not typical for most known metal-complex compounds and well-known antihypoxants – Mexidol, Amtizole (Sosin, *et al.* 2012).

Experiments was carried out not only for investigation of the antihypoxic properties of the substance  $\pi$ Q2721, but also to compare its activity with the effect of the already stated as an antihypoxant substance  $\pi$ Q1983, which is a compound of  $Zn^{2+}$  and substituted 3-hydroxypyridine with diorganodihalcogenide – hexaxis(3-hydroxy-2-ethyl-6-methylpyridine) [tris(dibenzylselenid)] dizinc (II) pentadecasemihydrate. The substance previously had been tested on mice, rats and cats (Sosin, *et al.* 2013). Also, we carried out experiments with the injection of substances known as the standards for this kind of experiments Amtizole and Sunazole. All substances were injected intraperitoneally in typical doses for antihypoxants – 25, 50 and 100 mg/kg.

As important part of the study should be considered the second part, in which an attempt was made to assess the effectiveness of the studied substances after 24h from the moment of injection. Typically, researchers monitor the development of antihypoxic effect during 1h after introduction. The data of periodic rectal thermometry were supposed to serve as an indirect confirmation of the activity presence.

As can be seen from the obtained results, the substance  $\pi$ Q2721 in experiments on rats was effective enough to classify it as an antihypoxant. The substance significantly increased the resistance of animals to the effects of AH+Hc, which in varying degrees of severity shown the other substances. The advantages of the new metal-complexes should include 2 undeniable facts: (1) higher activity at a dose of 50 mg/kg in comparison with other agents; (2) preservation of the effect after 24 hours after administration at a dose of 100 mg/kg, as opposed to substances of comparison.

Results of the study make a fresh look at the theory of mechanisms of protective action of pharmacological substances in the formation of acute hypoxic hypoxia. The concept of “optimization” of the dynamics of redox processes in the electron transport chain of mitochondria in conjunction with the limitation of microsomal oxidation in the cells of the body does not stand criticism when it comes to increasing the life expectancy of animals by more than 2 times (Luk'janova, 1997; Zarubina and Shabanov, 2004). Earlier, applications were made about the ability of metal-complex compounds based on  $Zn^{2+}$  to reverse the processes of oxidative phosphorylation on the mitochondrial matrix with a decrease in ATP production in brain tissue (Evseev and Sosin, 2007; Evseev, *et al.* 2007).

The decrease in animal body temperature by 5°C, and sometimes more, should be considered in favor of the antimetabolic hypothesis of the formation of the antihypoxic effect, which is most likely to provide the studied metal-complex compounds. It is not excluded that antimetabolic effect is the basis of the protective action of antihypoxic derivatives of aminothiol (Amtizole, Sunazole). In the literature there are timid indications about hypoenergy action of Amtizole. However, to break stereotypes on which the concept of “positive” influence of antihypoxants of metabolic action on the energy metabolism of the organism was based (Shabanov, *et al.* 2010), it seems, will not be easy.



## Conclusion

Thus, in experiments on rats, the antihypoxic effect of a selenium-containing substance  $\pi$ Q2721 based on  $Zn^{2+}$  was confirmed. In a number of substances for comparison the  $\pi$ Q2721 proved himself not only as equally effective. It is found that after 1 h after administration at a dose of 50 mg/kg  $\pi$ Q2721 superior to all studied compounds, including antihypoxant with succinate Sunazole. An important advantage of the new promising antihypoxic agent was the preservation of its action for 24 hours after injection.

The obtained results and literature data suggest that the mechanism of the substance  $\pi$ Q2721 action is mainly due to its ability to slow down the speed of metabolic processes that provide energy-synthetic function at the cellular level, which allows the body in conditions of rapidly increasing oxygen deficiency to significantly reduce its consumption and, thereby, successfully resist the rising hypoxic hypoxia.

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